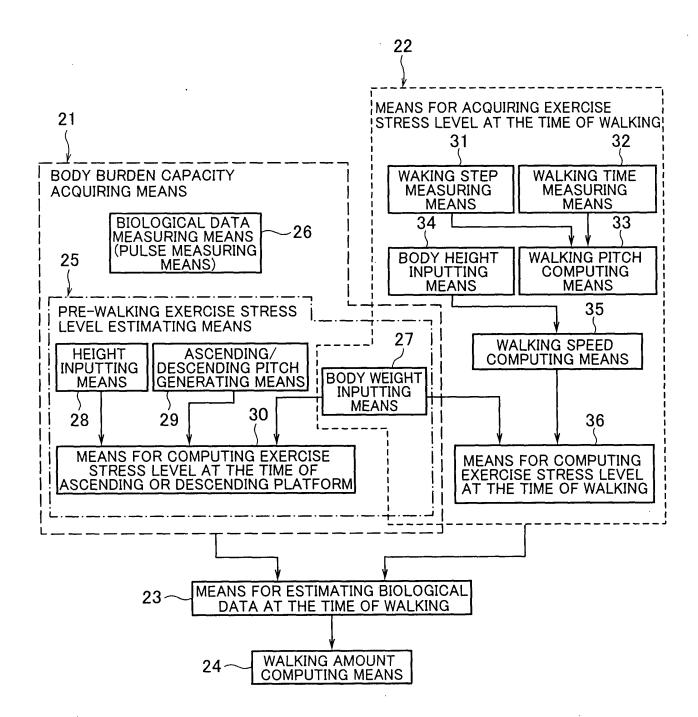
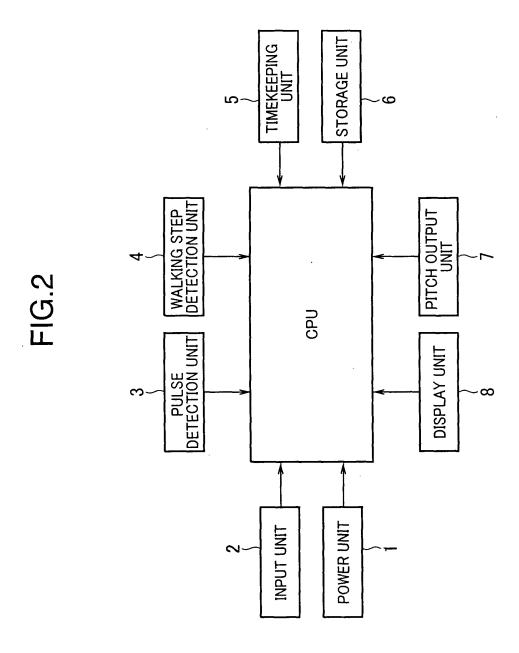
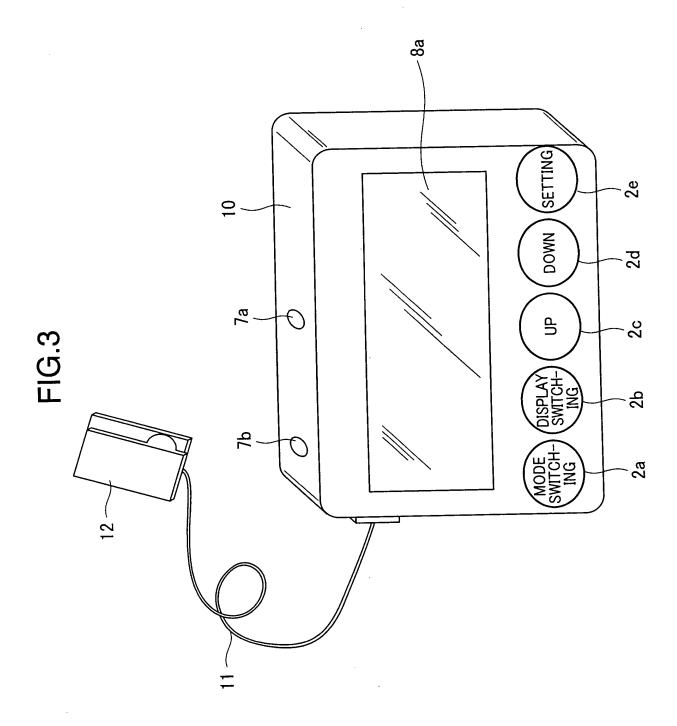
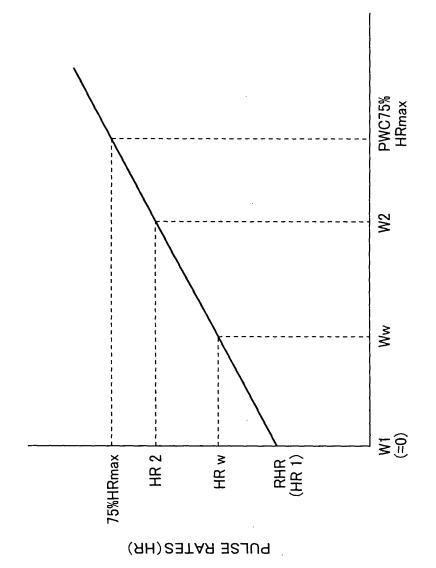
FIG.1









EXERCISE STRESS LEVELS (w)

FIG.5

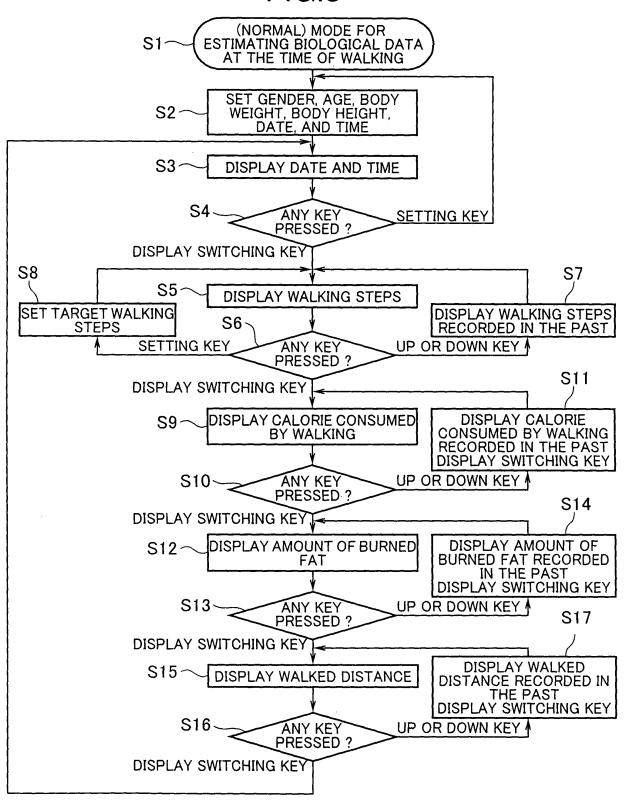


FIG.6

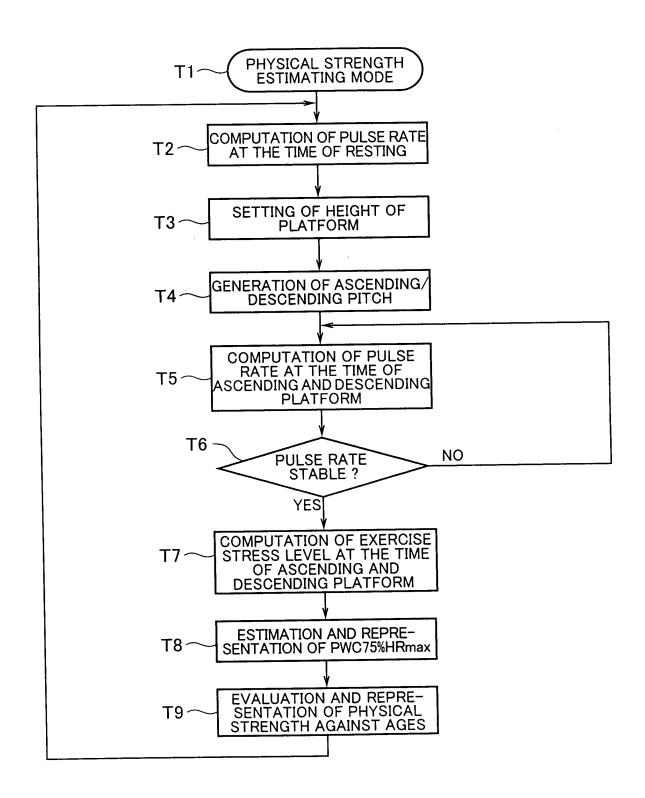


FIG.7

PWC75%HRmax

FIG.8

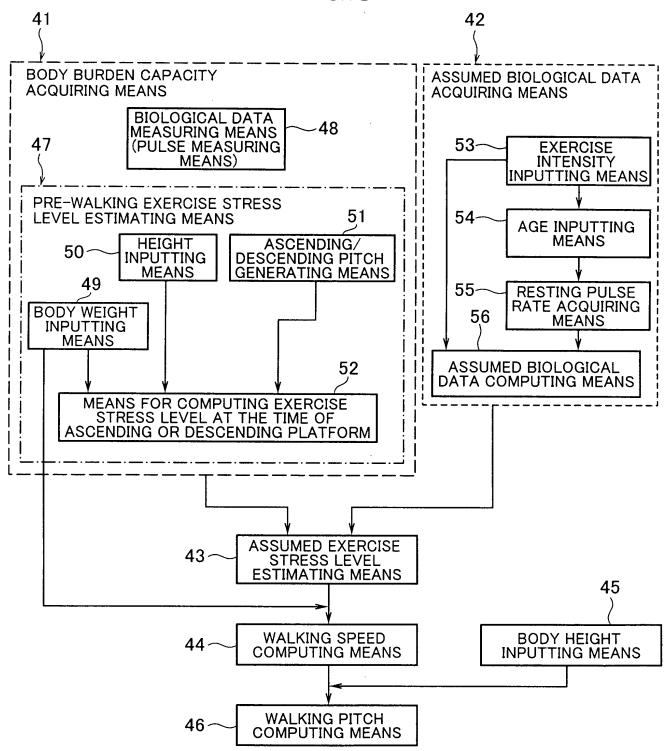


FIG.9

